

# Places to Eat

## Restaurant

Credit Cards Accepted



- C-3** **Haccho**  
Open 11:00-14:00, 16:00-22:00  
◆ Japanese and Tsushima's local cuisine  
Set meal (tempura, sashimi) ¥1,200 ~ , Sushi, etc
- C-4** **Senryo**  
Open 11:00-14:00, 17:00-23:00  
◆ Japanese, Chinese, Italian, and more  
Noodles (udon, soba, rokube) ¥480 ~ , etc
- B-4** **Chinese Ron**  
 Open 11:00-14:00, 17:00-21:00  
◆ Chinese, Japanese, and Tsushima's local cuisine  
Champon noodles ¥630 ~ etc
- B-5** **Manmaya**  
Located at Former Residence of Nakarai Tosui  
Open 11:00-16:00  
Closed Mondays and Tuesdays  
◆ Homestyle dishes and Tsushima's local cuisine  
Daily lunch special ¥550 ~ , Boar meat curry, etc
- B-3** **Shimamoto**  
Open 11:00-14:00, 17:00-22:00  
◆ Tsushima's local cuisine  
Ishiyaki ¥3,000 ~ , Sashimi, Rokube noodles, etc
- B-3** **Taishuan**  
Located at TIARA Shopping Center 1F  
Open 11:00-20:00  
◆ A variety of noodle dishes  
Udon ¥600 ~ , etc

## Burgers

- C-3** **Tsushima Burger KiYo**  
Open 11:30-19:00  
◆ Tsushima's original burgers using local squid and seaweed  
Tsushima burger ¥550 ~
- B-3** **Mos Burger**  
 Located at TIARA Shopping Center 1F  
Open 9:00-22:00

## Cafe

- C-3** **Chinguya**  
Open 10:00-22:30  
◆ A variety of drinks and small meals

## "Bento" Lunch Box

- B-3** **Hotto Motto**  
Open 7:00-20:30  
◆ A variety of take-out lunch box meals

## Supermarket

- B-4** **Red Cabbage**  
 Located at TIARA Shopping Center 1F  
Open 9:00-22:00

## Convenience Store

- C-4** **Coco!**  
 Open 6:00-25:30

## History

Izuhara is a former castle town and therefore, a number of historical sites remain today.



**Banshojin Temple** **A-3**  
The revered family temple of the Soh clan, the feudal rulers of Tsushima.

Opening Hours 9:00-18:00  
Admission Fee ¥300



**Kaneishi Castle Garden** **A-3**  
Originally built in the 1690s in the Kaneishi castle premises. Closed on Tuesdays & Thursdays.

Opening Hours 9:00-17:00  
Admission Fee ¥300



**Hachimangu Shrine** **B-4**  
You can't miss the big torii gate in middle of the town. Soh Yoshitoshi, first lord of Tsushima domain's wife, Konishi Maria is enshrined here.

Admission Fee to the Repository ¥300



**Kokubunji Temple** **C-3**  
The gate was built in 1807. A hall was located in the premises where the Korean envoys used as a lodging.

Free Admission



**Tsushima History and Folk Customs Museum** **B-3**  
Opening Hours 9:00-17:00  
Free Admission  
Closed on Mondays  
※ If Monday is a national holiday, then museum will be closed the next day.

## Nature



**Hiking** **A-4**  
Mt. Shimizu (Shimizuyama castle ruins) and Mt. Ariake are popular for hikers. Iki island is visible from the top of both mountains when the weather is nice. Mt. Ariake is about 1.5 hr hike to the top and is also famous for its primeval forest.

**Shimizuyama Castle Ruins**  
In the 1590s, Toyotomi Hideyoshi ordered the construction of a castle on the mountain as part of his plan to conquer Korea. Today, remnants of the castle's 3 walls still feature prominently on the mountain. A 30 min hike to the top (215m).



**Isaribi Park** **D-5**  
A free foot bath is available from April to November and is open from 10:00 in the morning until 8:00 at night. Many locals and tourists come here to relax while looking at the ocean below. A 20 minute walk from Izuhara port.



**Isaribi Park at Night**  
"Isaribi" lights of squid boats off the coast of Tsushima light up the ocean as night approaches. Fishermen lure squid to their boats using bright lights. They look like stars on the dark ocean.

## Culture



Former Residence of Nakarai Tosui

**B-5**

Opening Hours 9:00-18:00  
Free Admission  
Closed on Tuesdays

Nakarai Tosui was a writer and the mentor to Higuchi Ichiyo, the woman featured on the current 5000 yen bill. His former residence was rebuilt for use as a tourist institution and museum. There are displays about Nakarai as well as a number of Japanese cultural experiences (see model course).



## Local Cuisine

Try some of Tsushima's unique dishes!



Ishiyaki (Stone Cooking)  
Seafood and vegetables grilled on top of a stone.



Taishu Soba Noodles  
Some claim that Tsushima is the origin of soba noodles.



Rokube Noodles  
Noodles made from sweet potatoes.



Iriyaki (Hot pot dish)



Kasumaki  
Sweet bean rolls.



Local Sake and Shochu

## Japanese Phrases

Hello	こんにちは	Kon-ni-chi-wa
Thank you	ありがとう	Ari-ga-tou
Excuse me	すみません	Sumi-ma-sen
How much?	いくらですか?	Ikura-desu-ka?
I'll have this	これ下さい	Kore kuda-sai
Where is the restroom?	トイレはどこですか?	Toile-wa doko-desu-ka?
Could you take a picture please?	写真お願いします	Sha-shin onegai-shimasu

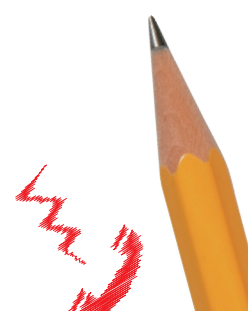
## EMERGENCY

Police 警察署 **110**  
Fire・消防署 **119**  
Ambulance・救急車

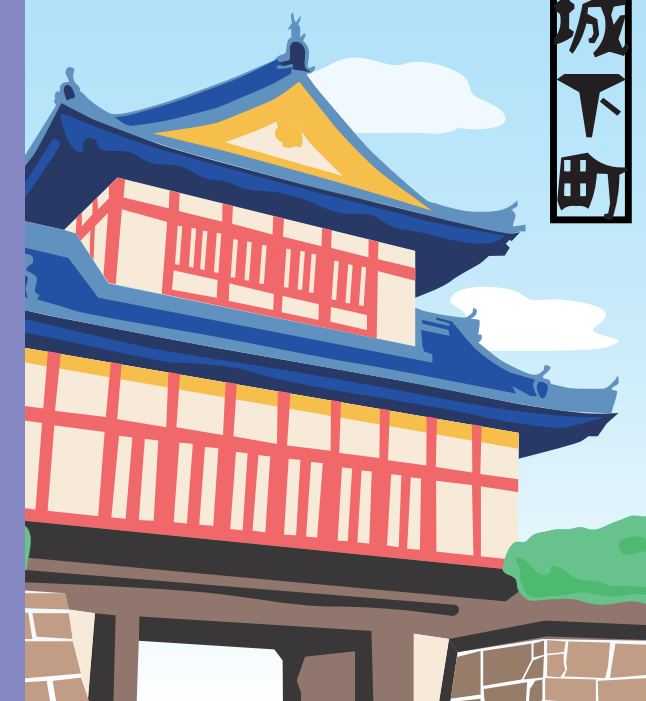
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## NUMBERS



## Tsushima Island Izuhara Castle Town Walking Map



## Access to Tsushima Island



**Plane**  
Fukuoka ⇄ Tsushima  
ANA (30 min)  
Nagasaki ⇄ Tsushima  
ANA/ORC (35 min)

**Ferry**  
Hakata ⇄ Izuhara Kyushu Yusen (4 hr 40 min via Iki Island)  
Hakata ⇄ Hitakatsu Kyushu Yusen (5 hr 50 min)

**Jetfoil・High Speed Liners**

Hakata ⇄ Izuhara	"Venus"	Kyushu Yusen	(2 hr 15 min via Iki Island)
Busan ⇄ Izuhara	"Kobee"	Tsushima Jetline	(1 hr 45 min)
Busan ⇄ Hitakatsu	"Beetle"	JR Kyushu	(1 hr 10 min)
Busan ⇄ Izuhara	"Ocean Flower"	Japan Daea	(3 hr)
Busan ⇄ Hitakatsu	"Ocean Flower"	Japan Daea	(2 hr)

**Tourist Information Center**  
Tsushima Tourism Association  
1441 Kokubu, Izuhara-machi, Tsushima City, Nagasaki, 817-8510  
TEL: 0920-53-6111 FAX: 0920-53-6112  
www.city.tsushima.nagasaki.jp  
Brochure Design by Maya Murata

# Izuhara 厳原 Walking Map

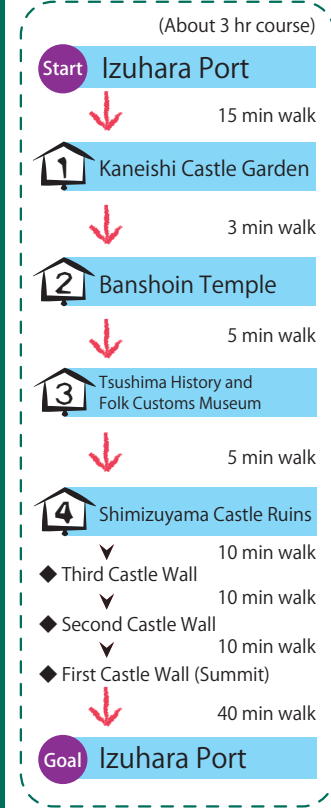
You are Here!



## Legend

- Tourist Information Center
- Sightseeing
- Restaurant
- Souvenir Shop
- Temple
- Shrine
- Hospital
- Bank
- Restroom
- Coin Locker
- Parking
- Post Office
- Jizo Statue
- Stone Wall

## Tsushima History 歴史



## Japanese Culture 日本文化



## Ofunae Port お船江港

Former port of the daimyo during the Edo period. The dock was created in 1663. The embankment's piled up stones are preserved in the same form as that time.



[Access] 30 min walk / 15 min by bike / 5 min by car from Izuhara port.  
Please visit the Tsushima Tourism Association (See B-3) for bicycle rental information.

## Need Cash? Money Exchange Information

Although it is recommended to exchange money into yen before coming to Tsushima, there are options for exchanging money once you get here.

- 18th Bank** B-4  
Offers money exchange service (cash only). There are a number of branches on the island. Credit cards are not accepted for money exchange at counters and ATMs at the bank.
- Post Office** B-3  
The post office ATMs allow for withdrawals in yen using certain foreign credit cards. There are a number of branches on the island.
- Chinguya** C-3  
Allows money exchange from Korean won to Japanese yen. Large amounts of money may not be accepted.

## What's this?

**Jizo Statues**

There are a number of jizo statues in Izuhara to wish for children's health. The custom was brought to Tsushima by merchants from Kyoto.

**Stone Walls**

Izuhara is a former castle town and therefore, a number of stone walls still remain. Some say that the walls with red or large stones show that a wealthy samurai family used to live there. They were also used as fire walls since there were many fires in old times.

**Murasu Warehouse** C-3

A old warehouse with reliefs painted with trowels on plaster wall. The building is designated as a scenic asset of Nagasaki. However, it is not open to the public so you can only see them from a distance.

**Ika (Squid)-Go-Round** B-2

This machine resembling a merry-go-round, was invented on Tsushima to dry hundreds of squid at once. Izuhara has the biggest machine on the island and they can only be seen when the weather is nice.

**Nakayarai Wharf** B-3

The wharf was created during the Edo period (1600~1868). Many of the buildings around used to be fish wholesalers. They are not used anymore, but some of the buildings still remain today.

## Izuhara Trivia!

Explore the back streets

# 原 知識

MAP 2